










February

Fit n Fun Activities

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 National Bubble Gum Day Craft 	2 Groundhog Day Craft 
3 Monster's Inc. Day 	4 Mosaic Heart Craft 	5 Board Games 	6 American Heart Month 	7 Fit n Fun Fitness 	8 What kind of flowers do you never give on Valentine's Day? <i>Answer: Cauliflowers!</i>	9 National Pizza Day Craft 
10 What is a vampire's sweetheart called? <i>Answer: His ghoul-friend.</i>	11 Fit n Fun Fitness 	12 Valentine's Day Cards 	13 Fit n Fun Yoga 	14 Valentine's Day Date Night 5-8p *sign up at Front Desk	15 Movie Day! 	16 Fun fact: In the Southern Hemisphere February is a summer month the equivalent of August.
17 	18 Happy Presidents Day! 	19 February themed activity sheets	20 Board Games 	21 Fun fact: Adult polar bears can measure over 8 ft long and weigh around 1500 lbs!!	22 Fit n Fun Fitness 	23 What do you call two birds in love? <i>Answer: Tweethearts!</i>
24 Movie Day! 	25 Did you know that on this day in 1862 paper money was first introduced?	26 Fit n Fun Fitness 	27 Fit n Fun Yoga 	28 National Tooth Fairy Day Craft 